



SACRED HEART PARISH
Sunday 12th July 2026
15th of Ordinary Time
Sea Sunday



Deacon: Joe Baxter

Parish Office: 1B Glenview Street, Belfast, BT14 7DP
Email: sacredheart@downandconnor.org
Phone: 028 9075 1543
Hours open: 9am-2pm , Mon, Tues, Wed, Fri
Parish Support Officer: Cathy Carroll
Sacristan: Collette Delaney
Acolyte: Thomas Liddy
Parish Webpage: <https://www.sacredheartparishbelfast.com>
Webcam [sacredheartparishbelfast.com/Webcam](https://www.sacredheartparishbelfast.com/Webcam)

~Mass Times~
Saturday Vigil: 6.00pm: Vigil Moya Mulvenna, Anniversary Mass
Sunday Masses: 9:30am:
11:30am: Ann & Gerry Hart, Anniversary Mass
Weekday Masses: Tuesday 7:00pm: Novena Kate Gall & Mary McDermott, Anniversary Mass
Wednesday 10.00am: Mary Cassidy Sr & Mary Cassidy Jr, Anniversary Mass
Confessions & Adoration: Saturday: 5:00pm - 6:00pm.
Divine Mercy: Friday 2:15pm, Exposition, Prayer and Confessions

~Sacrament of Baptism~
Baptisms are held on the 1st & 3rd Sundays of each month, at 12.30pm.
Please contact the parish office to arrange a baptism.

~Sacrament of Marriage~
Please contact the Parish Office to arrange.

~Upcoming Feast Days~

11th July
St Benedict
13th July
St Henry
15th July
St Bonaventure

~Recently Deceased~



Joe O'Boyle
Annmarie Harper
Mayor Olukoya
Noleen Moyles
Thomas McCann

Eternal rest grant unto them, O Lord

~Sanctuary Candles~



Rose Corbett
Frank Murphy
Brendan Murphy
Roisin Rooney
Donor's Intentions
Chris Gallagher
Joe Gallagher
Anne Weir

A Donation of £5 per candle is greatly appreciated

~Weekly Collection~

£1242.35

~Monthly Offering~

£431.50

The Parish Thanks You
For Your Kindness And Generosity

~Anniversaries~

We pray for all those
whose anniversaries occur at this time.



Eternal rest grant unto them, O Lord

~Baptisms

**Welcome into our
community**



Jamie Hutchman
Emily Tierney

~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.
(Micah 6:8)

DATES FOR YOUR DIARY	
<i>Pope Leo's Prayer Intentions for 2026</i> <i>July: For Respect of Human Life</i> Let us pray for the respect and protection of human life in all its stages, recognising it as a gift from God. Amen	
PLEASE NOTE: THE PARISH OFFICE WILL BE CLOSED FROM 13TH—17TH OF JULY	
<i>Sea Sunday Message</i> <i>July 12, 2026</i> <i>Beyond Cargo and Commerce: The Human Face of the Sea</i> Dear brothers and sisters, The life of the world continues to pass through the seas, rivers, lakes, and waterways of the world. Behind global trade, fishing industries, ports, inland navigation routes, and maritime networks are countless seafarers, fishers, port workers, and maritime communities whose labour sustains nations, connects peoples, brings livelihood, and supports families across continents. The crisis of the Strait of Hormuz has reminded the world of how deeply humanity depends on the sea and those who work upon it. Much of what societies rely upon each day arrives quietly through perseverance, sacrifice, skill, and endurance of the people of the sea. On Sea Sunday, the Church remembers these men and women not merely for the work they perform or the goods they transport, but as human persons created in the image and likeness of God and endowed with inviolable dignity. Each carries a unique story shaped by hope and fears, burdens and resilience, relationships and dreams that deserve to be seen, honoured, and cherished. In many ways, the sea itself teaches humanity that we belong to one another. Oceans do not divide people; they connect them. Each day, those who work across seas and waterways become bridges between nations, cultures, religions, and economies. In a world wounded by conflict and fragmentation, their lives bear witness to the enduring possibility of cooperation, solidarity, and peaceful coexistence. Through her pastoral presence, the Church seeks to remind every seafarer, fisher, and maritime worker that they are never forgotten and never alone. I express deep gratitude to all seafarers, fishers, and maritime workers and their families throughout the world. I thank you not only for what you do but for who you are. Your sacrifices sustain global trade, food security, and the well-being of countless communities. I also express my heartfelt gratitude to chaplains, volunteers, maritime welfare organizations, and pastoral workers who faithfully continue to bring friendship, prayer, listening and practical support to ports and ships around the world. May this Sea Sunday renew in all of us a deeper commitment to closeness, solidarity, care for creation and care for all the people of the sea and inland waterways. Entrusting them to the care of Mary, Star of the Sea, we pray for safety, dignity, peace, and hope for all who journey and work upon the waters. Card. Michael Czerny, S.J. Prefect of the Dicastery for Promoting Integral Human Development <i>(Full message can be found on the Diocese of Down & Connor website)</i>	
<i>Down and Connor Diocesan Trust are seeking to recruit a ‘Youth Minister’,</i> to work within Ballymena Parish, to align youth ministry with the broader mission of the parishes to deepening the faith of young people, focusing on their personal, social and spiritual development. 35/week, will involve evening and weekend work. Closing date: Tues 21 July 2026 at 12noon Full details can be found on the Diocesan website: http://www.downandconnor.org or https://www.nijobs.com/jobs/	DO GOOD. FEEL GREAT! NI Hospice Support Groups START A HOSPICE FUNDRAISING SUPPORT GROUP! CARE STARTS WITH YOU! SCAN TO HELP US CARE FOR LOCAL PEOPLE 
Mass cards are available from the office. £2.50 each	
<i>Chatty Café.</i> Open Wednesday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.	
<i>AA Meeting</i> upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, and Thursday at 7pm. (Ladies Group)	
<i>Cocaine Anonymous (CA)</i> meet every Tuesday at 7pm upstairs in the Parish Centre.	
<i>The Spred Group</i> are finished for the Summer and will rejoin on Monday 7th September at 7pm.	
<i>The Stitch and Crocheting Group</i> meet Thursday evenings,7pm in the Parish centre. Come along and learn a new skill.	
Lifeline-24hr 7 days a week 0808 808 8000 Samaritans anytime night or day 116 123 St Vincent De Paul 028 90351561 Cancer Lifeline 028 90 351999 AA 02890351222	AI-Anon Family Groups 028 9068 2368 PIPS 0800 088 6042 Youth Education Health Advise 02890 757 809 Diocesan Safeguarding Officer Philip O'Hara 07534 992 124
Sacred Heart of Jesus, I place all my trust in Thee	

